PHYSICAL EDUCATION PROFICIENCY PROGRAM

LaPorte High School provides the opportunity for students to receive Physical Education credit through participation in high school athletics. PE Proficiency through participating in a sport can be used for PE II only. Credits for PE I, Elective PE, and Advanced PE must be earned through enrollment in these courses only. If a student and his/her guardian wish to exercise this option the student will be required to:

1. Successfully complete the athletic season. Completion is defined as the student was not removed from team participation as a result of:
    i. Academics
    ii. Discipline & Attendance (either team or school)
    iii. Prolonged injury that results in a loss of more than 1/3 of the season
    iv. Any other reason as agreed upon by both the coach and high school administration
2. Document in a standards journal an example of each Physical Education standard completed during the activity season.
    i. In some cases, it may be necessary to supplement additional activities during the designated season in order to successfully meet all PE II standards.
    ii. The standards journal is due one week prior to the end of each semester.
    iii. Student can only receive letter grades of: A (meet all requirements) or F (did not meet all the requirements)
3. Successfully complete a series of standardized physical fitness tests administered by the PEPP Coordinator. The physical fitness standards include a one mile run, timed push-ups and sit-ups, a flexibility test, and an isometric strength test.

7 Step Process to successfully complete the PE Proficiency Program

Step 1 - Student/Athlete obtains sign up form from LPHS website, Counseling Dept., Athletic Dept., or Mr. Wells.
Step 2 - Student/Athlete collects required signatures on form and turns into Mr. Wells **BEFORE MIDTERM**.
Step 3 - Student/Athlete will receive an invitation from Mr. Wells with information pertaining to a mandatory Physical Fitness Testing date & time (right after midterm).
Step 4 - Student/Athlete will be given a PEPP Journal **AFTER** completion of the Physical Fitness Tests.
Step 5 - Student/Athlete turns journal into Mr. Wells upon completion (one week before the end of semester).
Step 6 - Correspondence between Mr. Wells and PEPP participant's coach to make sure he/she finished athletic season in 'good standing'.
Step 7 - PEPP credit for 'passing' student/athlete communicated to Mary Reimink & Jeanne Christner to award credit in Skyward.

Student name: _____/Grade:_____ will not take PE II as he/she will participate in one of the following designated activities:

____ Girls Cross Country
____ Boys Cross Country
____ Volleyball
____ Football
____ Girls Golf
____ Boys Tennis
____ Girls Swimming
____ Boys Swimming
____ Girls Basketball
____ Boys Basketball
____ Softball
____ Baseball
____ Girls Track
____ Boys Track
____ Girls Tennis
____ Boys Golf
____ Wrestling
____ Cheerleading
____ Gymnastics
____ Boys Soccer
____ Girls Soccer
____ Marching Band
____ POMS (for 2018-19 school year until the Performing Arts curriculum is developed in more detail.)

I have read the above requirements and agree to fulfill all responsibilities. I also understand that by signing this agreement, if at the end of this school year, I have not acquired a P.E. credit, I will be scheduled in PE II class the following year.

_____ _____
Student signature Date Coach Date

_____ _____
Parent /guardian signature Date School Counselor signature Date